

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ian Els**

Has successfully participated & completed the

**Bull Team Cowhouse Cross Duathlon 2018 #6**

held at Cowhouse Market.

**TIME 02:13:56**

**PACE 04:27/km**

**OVERALL 3 of 6**

**GENDER 1 of 3**

**40 - 49 1 of 1**

07 October 2018, Sun

Date



*BoutTime*

Signature

